

# **Social & Emotional Skills Checklist from Daycare**

## **- Sharing & Cooperation**

Group play, guided turn-taking, classroom rules

## **- Empathy**

Emotional modeling, recognizing others' feelings

## **- Communication**

Daily peer interaction, expressing needs and feelings

## **- Conflict Resolution**

Teacher-led problem solving, peer learning

## **- Emotional Regulation**

Routines, naming emotions, calming strategies

## **- Social Confidence**

Supportive environment to try new social behaviors

## **- Friendship & Belonging**

Shared play, relationship-building

## **- Emotional Vocabulary**

Emotion-rich language used by caregivers

## **- Self-Control**

Structured transitions, guided behavior

## **- Inclusion & Respect**

Diverse group settings, teaching kindness